

# Jefferson County EMS CFR Refresher Course

**Belleville Fire Department, 7981 NYS Route 289**

**Textbook: Emergency Medical Responder: Your First Response in Emergency Care, 7<sup>th</sup> ed.**

**Instructor: Errin Thomas, CIC**

**Class Sessions:** 9 am to 5 pm: Saturday Sessions

10 am to 5 pm: Sunday Sessions

<i>Date</i>	<i>Section/Lesson</i>	<i>Reading to be completed BEFORE the lesson or skills</i>
<i>8/6/22</i>	<i>Challenge PSE</i>	
<i>9/4/22</i>	<i>Challenge Written Exams</i>	
<i>Sunday 9/18/22</i>	Course Paperwork Introduction to EMS System Legal and Ethical Issues Wellness and Safety of the CFR Medical Terminology, Human Anatomy, & Lifespan Pathophysiology	<i>Chapters 1, 2, 3, 4, 5</i>
<i>Saturday 9/24/22</i>	Lifting & Moving Patients Communication & Documentation Principles of Airway Management & Ventilation Airway Lab	<i>Chapter 6, 7, 8, 9</i>
<i>Sunday 10/2/22</i>	Principles of Oxygen Therapy Principles of Resuscitation BLS CPR	<i>10, 11</i>
<i>Saturday 10/8/22</i>	Obtaining a Medical History & Vital Signs Principles of Patient Assessment Cardiac Emergencies Patient Assessment Lab	<i>12, 13, 14, Appendix 1</i>
<i>Sunday 10/16/22</i>	Respiratory Emergencies Common Medical Emergencies Environmental Emergencies Practical Lab	<i>15, 16, 17, Appendix 2</i>
<i>Saturday 10/22/22</i>	Soft Tissue Injuries and Bleeding Shock Muscles & Bone Injuries Practical Lab	<i>18, 19, 20</i>
<i>Sunday 10/30/22</i>	Head & Spinal Injuries Chest & Abdominal Injuries Geriatrics Practical Lab	<i>21, 22, 25</i>
<i>Saturday 11/5/22</i>	Pregnancy & Childbirth Infants and Children Practical Lab	<i>23, 24</i>
<i>Sunday 11/13/22</i>	Operations & Hazmat MCI, ICS and Triage Tabletop exercise Review for Final	<i>26, 27, Appendix 3 &amp; 4</i>

<i>Saturday 11/19/22</i>	<i>Class Final PSE Skills Practice</i>	
<i>Sunday 11/27/22</i>	<i>PSE Skills Practice</i>	
<i>Saturday 12/3/22</i>	<i>NYS Practical Skills Exam</i>	
<i>Monday 12/5/22</i>	<i>Remediation/Retest</i>	
<i>12/15/22</i>	<i>End of Course</i>	

**IS-100.C (Introduction to the Incident Command System), IS-700.B (Introduction to the National Incident Management System) and IS-5.A (Introduction to Hazardous Materials)** are co-requisites for this course. Certificates of completion are expected to be submitted to the CIC the FIRST night of class. If you have previously completed these courses, make sure you submit your certificate to the Instructor.