

July '16

# The WorkPlace Today

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## Tips for Saving Money on Summer Bills

From an article on [takechargeamerica.org](http://takechargeamerica.org)

The warmer months offer ample opportunities to cut costs and boost savings. You can potentially save hundreds of dollars a month by taking advantage of seasonal opportunities and reorganizing your daily routine. Here's how to get started:

**Save on Air Conditioning** – If possible, cut down your overall air conditioning usage and take advantage of floor and ceiling fans that consume significantly less energy. Consumers in hot regions should use programmable thermostats, which can cut down energy costs as much as 20 percent. Additionally, be sure to replace your air filters regularly. Dirty filters are less efficient and increase cooling costs.

**Save on Electricity** – Open windows, drapes and curtains whenever possible and turn off the lights. Do more outside – eat, read, and go for evening walks. It's also more energy efficient to cook outside, as it reduces appliance usage and prevents the home from heating up more.

**Save on Laundry** – Give your dryer a break and let the warm summer air dry your clothes for free. You can also use cool water in the washer more frequently, which can actually clean your clothes just as well as warm or hot water.

**Save on Food** – Seek out seasonal fruits and vegetables at the grocery store or local farmers' markets, which cost less than out-of-season finds. You can also grow your own herbs and vegetables. Swap your garden goods with neighbors for more variety.

**Save on Transportation** – Rather than driving, consider carpooling and public transportation a few times a week, riding a bicycle, or walking. If driving is a must, search for the best gas prices in your neighborhood using sites like GasBuddy.com. You can also ask your boss whether telecommuting a couple days a week is a viable option.

**Save on Childcare** – Pool your babysitting resources. If there are several kids in your neighborhood, hire one babysitter to watch all the children and split the costs among the parents. You can also rotate your children between family and friends, each adult taking one day of the week to watch all the children.



### July's Quote:

*“Pessimism never won any battle.”*

*-Dwight D. Eisenhower*

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The WorkPlace summer office hours are Monday - Friday, 8:00 am - 4:00 pm. **Please note we will be closed July 4th for the holiday.** We are an Equal Opportunity Employer/Program. Auxiliary aids and services are available upon request for individuals with disabilities.





## Veteran Tip



Pay yourself first!

Make savings and investing a budget item that you are committed to...just like paying your rent or mortgage!

## Summer Word Search

Find these words:

august  
beach  
cookout  
heat  
july  
june  
outside  
picnic  
summer  
sunny

B	S	Y	B	R	T	O	Y	L	U	J
J	U	P	C	P	U	C	M	J	W	X
C	N	Y	I	T	O	O	S	O	A	O
M	N	G	S	B	K	D	J	Z	N	P
B	Y	I	A	J	O	H	U	N	C	N
F	D	O	U	C	O	C	I	R	I	R
E	Q	N	A	U	C	A	Y	E	N	R
X	E	N	Y	Q	N	E	H	M	C	H
S	J	O	V	D	W	B	E	M	I	J
V	T	S	U	G	U	A	A	U	P	V
N	H	D	A	Z	U	L	T	S	W	G



## Northern New York Fact

From [jeffco.wikispaces.com](http://jeffco.wikispaces.com)

Juhelville was a village once located in the Town of Pamela. The village ceased to exist when it was absorbed into the City of Watertown in 1869.

The village was located north and west of the Court Street Bridge roughly near what is today LeRay, West Main and Bradley Streets. In order for Watertown to receive its incorporation as a city, it had to meet the population requirement of 9000 citizens, which the Village of Watertown fell short. The annexation of Juhelville, along with the hamlets of Huntingtonville and North Watertown, allowed the Village of Watertown to receive its city status.

## Financial Coaching for Veterans

Subject:	<b>Managing Income and Benefits</b>	Point of Contact:
Date:	July 7, 2016	Vet Center
Time:	1:00 p.m. - 3:00 p.m.	(315) 782-5479
Location:	Vet Center 210 Court Street Watertown, NY 13601	

Presenter:

Steven C. Schanely, ChFC, CLU, ChFEBC, CLTC  
CFPB Financial Coach  
(315) 786-3669  
[sschanely@afsc.com](mailto:sschanely@afsc.com)

## Workshops

The WorkPlace is pleased to announce the continuance of a series of workshops and assistance. All are free to the public but space is very limited. **Visit us at 1000 Coffeen Street or call 782-9252 (TTY 782-8093) to enroll.**

**Resume Writing** will be held July 11th and 25th from 1:00 p.m. to 3:30 p.m. This workshop will cover the basics of resume writing, different types of resumes, and the elements of an effective resume. If you already have a resume, please bring it to the workshop for "tweaking." If not, try to bring your work history and a list of skills to help create your resume "from-scratch."

We'll offer the **State and Local Employment** workshop on July 15th from 1:00 p.m. to 2:00 p.m. Learn all about how to locate and apply to civil service and other opportunities with state and local governments.

**Interviewing Skills** is scheduled for July 18th from 1:00 p.m. to 3:00 p.m. Brush up on your interviewing skills, including behavior, attire, and what questions to expect. Learn about the kinds of interviews employers use, and how to successfully navigate them.

## **Now in Lowville!**

The WorkPlace in Lowville will be offering workshops as well. **To reserve a space for a workshop in the Lowville office, be sure to call (315) 376-5800, or visit the office at 5274 Outer Stowe Street, Lowville.**

**Resume Writing** will be held July 7th from 1:30 p.m. to 3:30 p.m.

**Interviewing Skills** is scheduled for July 21st from 1:30 p.m. to 3:30 p.m.

