



Jefferson County PUBLIC HEALTH SERVICE

Public Health Facility, 531 Meade Street, Watertown, New York 13601

Media Release

For Immediate Release

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Unwrapping the Mystery of Diabetes

November 3, 2015, Watertown, NY—The Diabetes Coalition of Jefferson County is excited to bring to the community an evening of education on the prevention and treatment of diabetes. On Thursday, November 5, 2015 3:30-7:30pm at the Salmon Run Mall-Center Court there will be 16 different agencies and businesses who provide service and products for treating those with diabetes and for those interested in preventing diabetes. This is also a great educational opportunity for spouses and other family members.

In Jefferson County over 11% of adults have been diagnosed with diabetes. Many more of us have pre-diabetes and even more of us have risk factors to develop diabetes in our lifetime. This makes this event for almost everyone!

At 5pm Dr. Claudia Fish will present "Updates on Diabetes Management". Other speakers during the event will include at 4:30pm Maureen Larkins, Cornell Cooperative Extension; at 5:45pm Ken Klein; at 6:15pm Mary Lou Barrette, Novonordisk; and at 6:45pm Michelle Graham, YMCA. People can listen to speakers and browse vendor tables. Each table will have an expert that can answer questions for you. Kinney Drugs will be on hand for those that need to get their flu shot. There will be information for those with Type 2, Type 1 and Gestational Diabetes along with ways to prevent diabetes.

In addition to the above vendors, the following are also anticipated to attend: Samaritan Medical Center-Healthy Lifestyles, Carthage Area Hospital, Bolton's Pharmacy, Price Chopper, Lilly, Medtronic, Feed the Soul Nutrition, Jefferson County Office for the Aging, The Food Bank of Central NY, Community Action Planning Council, North Country Prenatal Perinatal Council, and the Jefferson County Public Health Service.

For more information, go to www.jcphs.org

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