

Need Help?

Whether you are a first time parent or need extra help we have a team of registered nurses and other providers to assist you and your family in your own home.

Call Jefferson County Public Health Service:

786-3770



Is Everyone in Your Family Up-to-Date on Their Immunizations?

Your new baby hasn't received all of his or her vaccinations yet, so it is important for everyone who comes in contact with him or her to get vaccinated. Moms should have a new Tdap vaccination with **every** new pregnancy. Talk to your healthcare provider to see which vaccinations you may need.

**Protect your baby.
Get vaccinated!**

Call or visit our Immunization Clinic

315-786-3730

Wednesdays 12:30-3:30 PM

Jefferson County
Public Health Service
531 Meade Street

www.jeffersoncountyhomecare.org



 @JCPHS



Need help with your newborn?

**INVITE
A NURSE**



**TO YOUR
HOME**

Phone:
(315) 786-3770

www.jeffersoncountyhomecare.org

Providing Preventive Health Care

- * Pregnancy
- * Post partum
- * Newborns
- * Developmental Assessments
- * Child Health



Each family's care is based on their individual needs.

Nurses will come to your home and can provide the following services:

- * **Take your blood pressure**
- * **Weigh and measure your baby**
- * **Help you find other needed services**
- * **Teach breastfeeding, nutrition, safety and immunization schedules**
- * **Assess age appropriate development**
- * **Provide support for a healthy family**
- * **Teach the signs and symptoms of illnesses**
- * **Answer your questions**



Support and Guidance

We work with your providers to bring you guidance and support for the health of your baby and your family.



Jefferson County
Public Health Service
531 Meade Street
Watertown, NY 13601
Phone: (315) 786-3770

www.jeffersoncountyhomecare.org



 **@JCPHS**